Alaska ~ the Great Land

Part 1: Kenai Peninsula July 1 - 9, 2025 • 9 Days • \$4990

Part 2: Denali Delights July 7- 14, 2025 • 8 Days ~ \$4790

Arctic Midnight Sun Optional Extension July 14- 16, 2025 • 3 Days ~ \$1790

Join us as we explore our 49th state. The area was derisively labeled "Seward's Folly" when U.S. Secretary of State, William Seward, engineered the U.S. government purchase of the region from Russia in 1867. It is now more appropriately known by the native Aleut word, "Alyeska," meaning "the great land."

The program is offered in two parts—*Kenai Peninsula* and *Denali Delights*. To maximize your time and airfare and see even more of our largest state, join us for both parts of the tour! Also consider journeying on into the Far North on the *Arctic Midnight Sun Extension*, a 3-day bonus adventure from Fairbanks that takes us beyond the Arctic Circle!

NOTE: Travelers who participate in both Part 1: Kenai Peninsula and Part 2: Denali Delights will receive a credit of \$1000 off the combined tour price to offset itinerary overlap in Anchorage. Single travelers receive an additional \$600 credit for participating in both Part 1 and Part 2.

HIGHLIGHTS

- **Kenai Peninsula** at 200 miles long and 100 miles wide, the Kenai Peninsula has a slice of nearly every aspect of Alaska save for the tundra of the Far North: active volcanoes, calving glaciers in Kenai Fjords National Park, a plethora of bear and moose, seemingly unlimited halibut and schools of migrating salmon in the rushing rivers, puffins and terns, and a multitude of other bird life in Kachemak Bay and in the vast Kenai wetland!
- **Denali Delights** -starting in Anchorage with the opportunity to explore lovely green spaces and historic core of Alaska's largest city, the centerpiece of this part of the tour is Denali National Park. We see Denali on a nature walk and a top-rated wilderness experience in search of wildlife (yes, grizzlies!). We also hope for views of that enormous, yet elusive massif—Denali, tallest peak in North America! The Fairbanks area offers worthwhile attractions like the Alaska Pipeline, Gold Dredge #8, Riverboat Discovery cruise, Running Reindeer Ranch, and Creamer's Field Migratory Waterfowl Refuge.
- Arctic Midnight Sun Extension The Arctic Circle, an imaginary line stretching around the globe about three-quarters of the way from the equator to the North Pole, has long been a bucket list destination for those who want to experience the Midnight Sun. On this brief 3-day adventure, we cross the Arctic Circle at 66° 32′ N, with great fanfare, and interact with hearty settlers in the Far North, traveling along the remote

Dalton Highway.

<u>Contact Us</u> <u>Tour Type: Classic Curated</u> Overview / Trip Details

- <u>Part 1~Kenai</u>
- Part 2~Denali
- <u>Extension</u>
- <u>Reviews</u>

ALASKA: Kenai Peninsula

Including:

- All land travel as outlined
- Superior tourist-class or better hotel accommodations
- Porterage of luggage
- 11 meals: 8 breakfasts, 1 lunch, & 2 dinners as denoted (BLD)
- 6 walks AVA sanctions applied for

- Fees for walking credit
- Cultural, natural, and historical expertise of local guide throughout
- WAI guide service throughout
- All tipping for group meals, local guides and coach drivers
- Pricing is based on double occupancy. A limited amount of single rooms are available for a supplement of \$1299. A roommate matching service is provided.

Activities/Visits to:

- Russian River Falls
- Grewingk Glacier Lake Trail
- Water taxi from Homer to Kachemak Bay State Park
- Kenai National Wildlife Refuge Visitor Center and Trails
- Exit Glacier
- Kenai Fjords National Park Cruise with lunch
- Alaska Wildlife Conservation Center
- Alaska Native Heritage Center
- ...plus more fun and interesting stops than we can list!

Optional Excursions:

- Day 1: Byron Glacier Walk and 26-Glacier Cruise in Prince William Sound ~ Price \$490
- Day 3: Coastal Brown Bear Cruise & Viewing from Homer (Limit of 10 travelers!) ~ Price approx \$600

ALASKA: Denali Delights

Including:

- All land travel as outlined
- Train transport from Fairbanks to Denali National Park (Alaska Railroad)
- Superior tourist-class or better hotel accommodations
- Porterage of luggage
- 11 meals: 7 breakfasts, 1 lunch, & 3 dinners as denoted (BLD)
- 4 walks AVA sanctions applied for
- Fees for walking credit
- Cultural, natural, and historical expertise of local guide throughout
- WAI guide service throughout
- All tipping for local guides and coach drivers
- Pricing is based on double occupancy. A limited amount of single rooms are available for a supplement of \$1090. A roommate matching service is provided.

Activities / Visits to:

- Alaska Native Heritage Center
- Kahiltna Birch Works
- Denali National Park

- Denali Park Tundra Wilderness Tour
- Alaska Cabin Nite Dinner Theatre
- Alaska Pipeline
- Gold Dredge #8 Mine
- Riverboat Discovery River Cruise
- Creamer's Field
- Running Reindeer Ranch

ALASKA: Arctic Midnight Sun Extension

Including:

- Comfortable transport from Fairbanks to Coldfoot on the rugged Dalton Highway
- One-way flight from Coldfoot to Fairbanks
- Superior tourist-class or better hotel accommodations in Fairbanks
- Rustic but clean and comfortable motel accommodations at Coldfoot Camp
- 3 meals: 2 breakfasts & 1 lunch (BL)
- Midnight Sun walk: AVA sanction applied for
- Cultural, natural, and historical expertise of local guide throughout
- WAI guide service throughout
- All tipping for local guides and coach drivers
 - $\circ\,$ Pricing is based on double occupancy. A limited amount of single rooms are available for a single supplement of \$200. WAI also offers a roommate matching service.

Activities / Visits to:

- Arctic Circle Trading Post in Joy, Alaska
- Yukon River crossing
- Trans Alaska Pipeline
- Arctic Circle photo stop
- Coldfoot Camp
- Arctic Interagency Visitor Center
- Wiseman Wilderness Community Visit

"WAI does it right. That's why we come back."

- Dayne; Georgetown, TX

"Loved it all – very glad I did all 3 parts... Reindeer ranch and Mary Shields visit were definitely highlights."

- Valerie; Camano Island, WA

"A lot of thought was put into this trip and it showed. Each day was great... This was my third trip to Alaska and I'm so glad I got to see Alaska through WAI's eyes"

- Lucy; Leavenworth, KS

"Fantastic cruise at Resurrection Bay – A+... OMG! Jim could not have been better. So nice & personable. Very well informed throughout the tour. Scott is a super excellent guide... Previous experiences with WAI trips make me want to travel with WAI. And all the itineraries are all so inviting!"

- Betty; Topeka, KS

"Wonderful planning by WAI tour leaders; friendly walkers, making good friends, learning all along the tour."

- Valerie; Camano Island, WA

"Great Trip, leaders - lots of interesting places and all I had to do was book my flight."

- Anonymous

"Feels like I'm with old friends. The guides are professional and genuinely caring, friendly people. Good pace of events."

- Jan; Eugene, Oregon

"We were well informed on the published itinerary. Kept up to date on any changes and were able to be well prepared each day."

- Ray; Anchorage, Alaska

- <u>360.260.9393</u>
- <u>Email Us</u>

Itinerary

Click on each day for more details. (BLD) refers to meals included – Breakfast, Lunch and Dinner.

Part 1 ~ Alaska: Kenai Peninsula

DAY 1~JULY 1: Arrive in Anchorage

You arrive in Anchorage today from the "Lower 48." Because travelers arrive throughout the day, no group activities are planned.

<u>Byron Glacier & 26-Glacier Cruise</u>: A special glacier-themed and action-packed optional excursion is available for those who arrive into Anchorage a day early. Consider joining us for the Byron Glacier Walk and 26-Glacier Cruise in Prince William Sound.

Driving along the Turnagin Arm, we stop for a three kilometer walk in the Portage Valley before continuing to Whittier for a 5-hour scenic cruise (which includes lunch), introducing you to one of the world's largest concentrations of tidewater glaciers. ~ Estimated price \$490 per person

DAY 2~JULY 2: Anchorage - Homer (B)

Walk #1: Russian Falls Walk ~ 8 km, rated 2B

Our first full day on the Kenai Peninsula takes us by coach to the active fishing village of Homer on Kachemak Bay, a 30-mile arm of the lower Cook Inlet. The scenic route offers chances to spot a variety of wildlife, including beluga whales, eagles, mountain goats, elk, and more.

On our way to Homer, we stop for a scenic walk at Russian River, where it's sometimes possible to spy on black bears fishing for salmon as they jump the falls.

DAY 3~JULY 3: Activities in Homer (BD)

Walk #2: Historic Homer Walk ~ 6 km, rated 2B

Enjoy a free day in Homer, choosing from a variety of only-in-Alaska activities, including beachcombing, sea-kayaking, a half-day fishing charter, visiting the Alaska Islands & Oceans Visitor Center, or strolling through Homer on an historic 6 km walk. Or join us for the optional wildlife tour described below.

Brown Bear and Wildlife Viewing Cruise: Our bear watching excursion takes you on the adventure of a lifetime as you get up close and personal with wild coastal brown bears weighing over half a ton. The Alaska bear viewing tour begins in Homer and sails across Cook Inlet to Chinitna Bay, part of the beautiful Lake Clark National Park and Preserve.

Once there, you will safely watch Alaska brown bears from several viewing areas accompanied by one of our experienced guides. Few tours in Alaska offer opportunities to see humpback whales, orcas, and brown bears all in a single day. ~ *Estimated Price: \$600 per person*

DAY 4~JULY 4: Activities from Homer (B)

Walk #3: Grewingk Glacier Lake Walk ~ 8 km, rated 2C (with 11 km option)

Today we share with only the 2nd WAI group an exciting walk in Kachemak Bay State Park, accessible only by water taxi.

Following our bay crossing from Homer Spit, we meander through mixed cottonwood and Sitka spruce en route to a stunningly beautiful glacial lake, complete with floating chunks of ice adrift in frigid waters.

After a picnic in this picturesque setting, we hike over Saddle Trail and catch our return water taxi to Homer where the remainder of the day is free to explore the town's local charm.

DAY 5~JULY 5: Homer - Seward (B)

Walk #4: Kenai National Wildlife Refuge Walk ~ 5 km, rated 2B Walk #5: Seward City Walk ~ 6 km, rated 1A

En route to Seward, today's first stop briefly explores the former Russian village of Ninilchik with the distinctive domes of its Russian Orthodox Church. Further up the peninsula, a walk through Kenai National Wildlife Refuge provides a good chance to view wildlife.

Tonight's hotel is located in Seward, an ice-free port on Resurrection Bay in a setting of great beauty, surrounded by lush green mountains and stark ice fields. Upon arrival, a 6 km introductory walk acquaints us with Seward.

The trail winds along Seward's boat docks, by the shore of Resurrection Bay, through older, historic parts of town, and finishes in a fun area of shops and restaurants.

DAY 6~JULY 6: Activities in Seward (BL)

Walk #6: Exit Glacier Walk ~ 4 km, rated 2C

Our day begins with a lovely nature walk to the edge of Exit Glacier, where dense blue ice descends from the higher Harding Ice Field.

The middle part of the day is devoted to a relaxing Kenai Fjords lunch cruise on Resurrection Bay offering potential sightings of sea birds, puffins, dolphins, whales, seals, along with a plethora of Alaska coastal panoramas. Back on shore, we return to landlubber ways with free time in the lively town of Seward.

DAY 7~JULY 7: Seward - Girdwood (B)

Walk #7: Winner Creek Walk ~ 6 km, rated 2C

We head to Girdwood today, stopping along the way at the Alaska Wildlife Conservation Center to see rescued buffalo, moose, musk ox, caribou, eagle, and bear.

After lunch, we arrive in Girdwood for a nature walk along Winner Creek that features a stream-crossing on a unique, hand-drawn tram; you can pull yourself across the chasm by cable.

The remainder of the afternoon and evening is free to enjoy a variety of activities among the inviting environs surrounding our resort property.

DAY 8~JULY 8: Girdwood - Anchorage (BD)

Walk 8: Anchorage Coastal and Historic Walk ~ 10 km, rated 1A

After breakfast, we depart for the Alaska Native Heritage Center to experience First Nations culture first-hand through storytelling, Native song and dance, artist demonstrations, and Native game demonstrations.

Leaving the Center, we continue through verdant Alaskan countryside to Anchorage, Alaska's largest city.

Upon arrival in Anchorage, we take in the town's green spaces and historic core during our walk; free time is available afterward to explore this bustling city on your own!

DAY 9~JULY 9: Depart for home - OR - continue to Denali (B)

Travelers participating in Alaska—Kenai Peninsula fly home today. You return to the "Lower 48" with a greater appreciation of the marvelous Alaskan diversity that is the Kenai Peninsula!

Part 2 ~ Alaska: Denali Delights

DAY 1~JULY 7: Arrive in Anchorage

Denali Delights travelers arrive in Anchorage today from the "Lower 48." Because travelers arrive throughout the day and evening, no group activities are planned. Your WAI guide team is finishing up the Kenai Peninsula (Part 1) segment of the Adventure.

A representative of WAI will greet you on the morning of July 16 and transport you to meet this group of Adventurers.

DAY 2~JULY 8: Activities from Anchorage (BD)

Walk #1: Anchorage Coastal and Historic Walk ~ 10 km, rated 1A

Your first activity today is a rendezvous with Kenai Peninsula travelers (Part 1) at the Alaska Native Heritage Center. Visitors to the Center experience Alaska Native culture first-hand through engaging storytelling, authentic Native song and dance, artist demonstrations, and Native game demonstrations.

Leaving the Center, we enjoy vistas of lush Alaskan countryside on our drive back to Anchorage, Alaska's largest city. Upon arrival in Anchorage, take in the town's green spaces and historic core during our walk, with free time available afterward for you to explore this bustling city on your own!

DAY 3~JULY 9: Anchorage - Denali National Park (B)

Walk #2: Talkeetna Lakes Walk ~ 6 km, rated 2B

Boarding our motorcoach for a scenic transfer north, we depart Anchorage on our way to Kahiltna Birchworks to learn about birch syrup and sample some tree-tapped tasty treats.

Walking at Talkeetna Lakes introduces us to quiet, forested trails in the shadow of the Alaska Range before we continue through grand Alaska landscapes to Denali National Park, where we spend the next two nights.

DAY 4~JULY 10: Activities in Denali National Park (BLD)

Today's main event is an early-morning Tundra Wilderness Tour through Denali National Park. Though wildlife sightings are never guaranteed, past WAI groups have spotted numerous animals and enjoyed surprisingly frequent views of remarkable Denali (reportedly seen by only about 20% of visitors), tallest peak in North America.

Later this evening, we regroup at the Alaska Cabin Nite Dinner Theater; a memorable and zany look at the history of Denali, presented with an all-you-can-eat, family-style meal.

DAY 5~JULY 11: Denali - Fairbanks (B)

Walk #3: Denali National Park Walk ~ 9 km, rated 2B

Today's full slate of activities begins with a walk in Denali National Park. Nature trails in the environs of the park visitor center take us to Horseshoe Lakes and over Riley Creek Suspension Bridge, providing wonderful hiking through stands of birch and fir with a low groundcover of colorful wild blueberry bushes.

After the walk, we board the train for a nostalgic four-hour journey aboard the Alaska Railroad through the Alaska Bush to Fairbanks. An optional "Dinner on the Rails" is available (includes one dinner entrée and dessert, non-alcoholic beverage, and gratuity). ~ Price TBA

DAY 6~JULY 12: Activities from Fairbanks (B)

We start the day with a stop at the iconic Alaska Pipeline to learn its secrets for carrying oil across miles of frozen tundra through a mind-boggling array of challenging terrain and seemingly impossible weather conditions.

Gold Dredge #8 Mine is our next exposure to Alaskan heritage, complete with a chance to try your hand at panning for gold!

Following lunch, a fun, educational, and relaxing sternwheeler cruise takes us down the Chena River aboard the Riverboat Discovery. The ship's crew enlists the help of a colorful group of locals to teach us about bush pilots, dog-sled racing, and the native peoples of Alaska.

DAY 7~JULY 13: Activities from Fairbanks (BD)

Walk #4: Creamer's Field Fairbanks Walk ~ 7 km, rated 1A

We kick off our last full day in Fairbanks with a delightful stroll among birds and birch trees at Creamer's Field Migratory Waterfowl Refuge.

The fun continues in the afternoon in the boreal forest of the Gold-stream Valley as we enjoy a one-of-a-kind walk with reindeer at a local family farm.

Wrapping up this memorable day, we savor a Farewell Dinner at the historic Pumphouse Restaurant along the Chena River.

DAY 8~JULY 14: Depart Fairbanks for Home (B)

Our Adventure "Way up North" ends in Fairbanks, just 125 miles from the Arctic Circle. We return home with fond memories of our 49th state—its fabulous scenery, the fascinating story of its settlement, and its irresistible pull to return and explore more of "The Great Land."

Arctic Midnight Sun Extension

DAY 1~JULY 14: Fairbanks - Coldfoot (BL)

If the Arctic Circle is on your Bucket List, today is the day to scratch it off during an informative and interactive northerly drive to remote Coldfoot Camp.

An early morning departure from Fairbanks by motorcoach takes us up the rugged Dalton Highway along the route of the Trans Alaska Pipeline, crossing the mighty Yukon River for a fun stop to commemorate our crossing of the Arctic Circle.

Completing our tundra trek in Coldfoot, we settle in for a rustic but relaxing evening at the northernmost truck stop in the world. Since the sun never sets this time of year above the

Arctic Circle, consider going for a midnight sun stroll before turning in for the night.

DAY 2~JULY 15: Coldfoot - Fairbanks

Midnight Sun Walk - 5 km, rated 2B

Our morning activity is a visit to the quirky and fascinating wilderness community of Wiseman, the only village along the Dalton Highway that is occupied year-round. Learn how these hearty and resourceful residents carved out a unique lifestyle along the banks of the Middle Fork Koyukuk River.

After returning to Coldfoot for lunch on your own, consider visiting the nearby awardwinning Arctic Interagency Visitor Center, featuring excellent exhibits, as well as some short nature trails. A guided 5 km walk will be offered as well.

There may also be the possibility to participate in other optional activities such as a Koyukuk River Float or a Fat Tire Bike Adventure. More info will be provided closer to the time of the tour if these activities become available.

By late afternoon, we re-cross the Arctic Circle on a scenic flight back to Fairbanks. The evening is free to enjoy dinner near our hotel or to catch some final activities in town!

DAY 3~JULY 16: Depart Fairbanks for Home (B)

Our brief Arctic Extension has provided a newfound appreciation for the hearty souls who brave the elements to forge a life in this starkly beautiful land.

We return from Fairbanks to the "Lower 48" with warm memories of our fortnight in the frontier of Alaska!

Before You Book

Click on each heading for more details.

How Do I Lock in My Place on This Adventure?

To register, a non-refundable \$300 deposit is required to hold your spot.

A final payment is due 90 days before departure and is non-refundable after the due date. You will receive a prompt email from us 2 to 3 weeks in advance.

Once a tour has a viable number of participants, an "Adventure Advice" email will be sent with critical information on flight arrangements as well as important steps to take in the months before your trip. <u>Please do not buy your airline tickets</u> until you review this Adventure Advice email.

Please follow this link to read our full General Tour Conditions.

What is a Classic Curated Tour?

With help from local experts and walking guides, these itineraries are crafted with extensive on-site planning by WAI tour planners.

When designing Classic Curated Tours, our objective is to capture the essence of a destination—the history, culture, and natural wonders unique to that part of the world. We then build activities and walks that take us *inside* these characteristics.

Yes, these tours are educational, but they are also interactive and immersive; walking gets us off the bus and penetrates local cultures to not only see, but also touch, smell, and feel these special spaces.

Along the way, interactions with locals amplify the experience by sharing insights into the magic of that particular location.

In the case of Alaska, we first visited the Great Land with WAI groups in the late 1990s, cruising the Inside Passage, then continuing on to Fairbanks on the second part of the tour. In 2017, we developed a walking itinerary on the Kenai Peninsula to replace the Inside Passage cruise. During this restructuring, a couple new walks and activities were added to Denali Delights, and the new optional extension above the Arctic Circle was developed.

Walk Ratings

We generally walk at a pace of 2 to 3 miles per hour. Several walks on this trip are oriented more towards education, and therefore take longer due to stops for guide commentary. Nature walks, on the other hand, generally continue at a steadier pace because we're stopping less to talk.

In most cases, we are not "strolling." We are walking at a relaxed but steady pace. Your experience will be significantly affected by your level of physical fitness. If not walking regularly at home, we strongly recommend that you make a priority of "training" beforehand in order to both enjoy the trip and avoid medical issues due to overexertion. If you have questions about your ability to participate, please call our office at 1.360.260.9393.

We have adopted a walk difficulty rating system which contains a numeric indicator for trail incline and an alpha indicator for trail terrain. The explanation for this system is presented on the table below:

INCLINE

- 1. Minimal hills or stair climbing. Cumulative elevation gain: <200 feet.
- 2. Some moderate hills and stair climbing. Cumulative elevation gain: 200-1000 feet.
- 3. Some significant hill or stair climbing. Cumulative elevation gain: 1000-2000 feet.

TERRAIN

A. Almost entirely on pavement.

B. A significant part of the route is on well-groomed trails with very few obstacles.

C. A significant part of the route is on somewhat difficult terrain (rocky / rooted paths or soft sand).

How Is Airfare Arranged?

<u>Alaska: Kenai Peninsula</u>: The official start and finish point for Part 1 of this Adventure is our hotel in Anchorage, served by Ted Stevens Anchorage International Airport.

<u>Alaska: Denali Delights</u>: The official start point for Part 2 is our hotel in Anchorage, served by Ted Stevens Anchorage International Airport. The official finish point is our hotel in Fairbanks, served by Fairbanks International Airport. Fairbanks is also the end point of the optional Arctic Midnight Sun Extension.

Airport transfers are not included in the tour price but taxi service is easily arranged to and from the airports listed above. WAI guides will help batch travelers who share a similar departure schedule into taxis or airport shuttles.

We recommend that you contact Laura Pfahler, the travel agent we work with, to help book your flight arrangements. In this age of airfare complications and airport uncertainty, using a travel agent is a good investment! More details about flight arrangements and travel agent contact information will be provided in an Adventure Advice PDF by email after you register for the Adventure. <u>Please do not book your airfare prior to receiving these flight details from us</u>!

Laura Pfahler: 503.434.6401 or llp@wtpdx.com

Travel Insurance

WAI recommends travel insurance for financial and medical protection from any number of unforeseen circumstances that can arise before departure or during your Adventure. Many travel insurance providers are available for you to consider. Laura Pfahler and Sharon Mitchell of World Travel Inc. can provide travel insurance options for your WAI tour, as well as for your airfare. For those who purchase airfare through Laura, purchasing your travel insurance from her colleague, Sharon Mitchell, may be the simplest option.

Be aware that some travel insurance policies contain time-sensitive provisions (i.e. some benefits, such as coverage of pre-existing conditions, are available only if the policy is purchased within a certain number of days of the purchase of the travel package). In addition, remember that airfare is not covered by any travel insurance policy you may have purchased for the tour.

Check out **Insurance Tips** from World Travel for a short introduction to travel insurance.

Sharon Mitchell: 971-261-2091 or smitchell@wtpdx.com

Other options include:

- Allianz
- Betins
- Travel Guard
- Travel Insured International

Using the **<u>SquareMouth.com</u>** website can be a good way to compare pricing.

NOTE: WAI receives no commission or financial remuneration from World Travel Inc. In addition, WAI bears no responsibility for travel insurance benefits advertised by various credit card companies. If you are relying on this type of benefit for insurance, we advise you to verify coverage types and limits and that your purchase does in fact qualify you for this insurance.

We suggest purchasing from a reputable, well-established insurance company (avoid buying insurance from an unknown company found only online). Travelers interested in purchasing "cancel for any reason" insurance coverage should be careful to check pricing and terms BEFORE they register for a tour. Recent changes in the international travel landscape has caused changes in the policies of some insurance companies, and made the purchase of this particular type of policy even more time-sensitive.

What if WAI Cancels the Tour

Walking Adventures International reserves the right to cancel this tour departure with fewer than 15 participants, in which case registered participants will receive a 100% refund of payments received.

This refund policy contains one exclusion. Many suppliers require non-refundable deposits as a condition of booking services. Though it is rare, unforeseen circumstances can force us to cancel a tour. In cases where supplier's non-refundable policies are imposed, WAI attempts to retrieve as much of these deposits as possible but cannot guarantee a 100% refund. In cases where full refunds cannot be obtained for a cancelled tour, we will do our best to transfer unrefunded money as traveler credits to be applied to a future tour to that destination.

Wellness Policies for This Tour

Our approach to wellness on tour has traditionally been to encourage travelers to:

- Focus on health before the tour so you start healthy.
- Pace yourself while on tour; travel is inherently stimulating and can produce adrenalin boosts that mask energy drain. Guard your energy reserves and consider the length of the trip and whether to opt out of some activities and/or walks.
- Be self-aware. If you feel yourself tiring or feel a bug coming on, take precautions to block it (e.g. extra rest, extra doses of vitamin C, etc).

- If you feel a bug coming on or if you take ill, distance yourself from others when possible.
- If you feel ill, isolate yourself towards the back of the bus and away from others

Click <u>WAI Wellness on Tour Policy</u> to view the WAI policy on Wellness on Tour.

What Happens Next?

Once we have a viable number of participants, an "Adventure Advice" email is sent with critical information on flight arrangements as well as important steps to take in the months before your trip. <u>Please do not buy your airline tickets until you review this Adventure</u> <u>Advice email</u>.

A final payment is due 90 days before departure (April 2, 2025) and is non-refundable after the due date. You will receive a prompt email from us a week or two in advance. Please see our <u>General Tour Conditions</u> for the full terms and conditions for participation in this Adventure.

About 2 weeks before departure, you will receive a final email packet with details of the program, including hotel names and contact information, a list of fellow travelers, and a more detailed daily schedule.

We look forward to exploring the Great Land of Alaska with you!



Adventure Pace

Tour Pace: 1 **2** 3 4 5 **Walk Challenge:** 1 **2** 3 4 5

About Adventure Pace

Adventure Pace

How much Adventure do you want? Here are a few features to help gauge the following factors on each tour.

Tour Pace: On a scale of 1 (slowest pace) to 5 (fastest pace), we've rated the following factors: number of 1-night hotels; driving miles per day; fullness of schedule; mid-tour airline flights; high elevation setting; and average amount of walking per day.

Walk Challenge: This number represents an average walk difficulty rating for the tour using a scale of 1 (easiest) to 5 (hardest).

Contact Us



Group Size

24 travelers maximum



Accommodations

Strategically located Tourist Class accommodations or better



Meals

All breakfasts included with a selections of lunches and dinners. Letters BLD indicate which meals are included.

Airfare

Not included. Ted Stevens Anchorage International Airport serves the start and finish for Part 1: Kenai Peninsula and the start of Part 2: Denali Delights. Fairbanks International Airport serves the finish point for Part 2: Denali Delights and for the Arctic Midnight Sun Extension.



Transportation

Included. We use motorcoaches with a seating capacity of 40-55 seats.



Traveler Age

Our travelers usually range from 50-75 years of age. All ages welcome!



The Alaskan itinerary was fully revised in the summer of 2017 during a scouting trip by WAI guide **Scott Isom**. This will be the second WAI group to enjoy this revised Alaska itinerary.

Scott has had a passion for the outdoors ever since his childhood days spent exploring the waterfalls and outstanding hiking trails of the Columbia River Gorge with his family. Scott has led tours on all 7 continents and is one of WAI's busiest guides and on-site Adventure planners.

Scott shares "I found Alaska to be brimming with beauty! Around nearly every corner there was something to delight the senses, whether gazing upon salmon-rich streams, eerily blue glaciers, and snow-capped volcanoes, or savoring wonderful wildlife encounters with playful sea otters, gargantuan grizzlies, humpback whales, and majestic caribou. Add to this stunning array of flora and fauna the captivating story of the original native inhabitants and early pioneers of this wild land, and you have a frontier experience not to be missed!"

Scott looks forward to sharing the wonders of our 49th state with you!